

## Well-child checkups help your child:







**Grow strong** 

Keep up with vaccines

Stay healthy



## What is a well-child visit?

A well-child visit is a routine check-up that allows healthcare providers to assess a child's growth, development, and overall health. It includes physical exams, vaccinations, and discussions about nutrition, behavior, and any concerns parents may have.

Schedule your child's next well-child checkup today.

WellChildNM.org